



**Managers & Coaches
Handbook
2018
Miniroos**



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1 Welcome- “Develop people and friends through football”

Welcome and thanks to all our coaches and managers. Without your efforts the club wouldn't exist. I know that most of you are parents of children who play with the club and hope that you and they have an enjoyable season.

Each year things change, be it rules of the game, GHFA or government regulations. This handbook is an effort to give you all the information you'll need to get through the season. Most of it you may never need but when your team is on ground dressing duty, you'll find what to do somewhere in this booklet.

All coaches and managers are required to complete an online Working With Children (WWC) check, a new requirement this year. Please start this process online, and you will be required to go to a Service NSW office at some stage to confirm identity.

We try hard to balance being a family orientated club where playing, learning and having fun is more important than winning, with a playing environment that challenges the children and hopefully stimulates them to grow as players and people. We ask you to try and achieve this balance in your teams, and the example that you set will be the foundation for players and parents. With Beecroft FC having won the inaugural GHFA Fair Play award, and having won the NWSWF Fair Play multiple times, we believe our values are being reflected.

The committee are volunteers and certainly make no claim to having all the answers. We welcome your input - if you think something can be done better, let us know. Our committee meetings are second Monday of each month, and we're happy to have you discuss any issues. Let us know, we'll place on agenda and prepare any background. This year the challenges with NW rail link continue, but we're hopeful of better facilities soon. There are plans for a new clubhouse built into the sandstone at the carpark end of the field following the tunnel works currently underway.

As the coaches and managers, you are the frontline with the players. Please set a good example by being polite to your opponents, to referees and linesmen -no matter how much you may disagree with a decision. It is important that the players respect the game officials, by taking ownership for their actions; something they won't do if you criticise decisions. And remember, one day it may be your son or daughter ref'ing (we're proud to say we have quite a few ref's coming from the Wombats ranks).

Each year the Wombats continue to grow and hopefully improve. Several years ago, we introduced professional training for our Mini's to assist players, Coaches and Managers in their first years. We are expanding to also provide professional coaching for players and coaches in our junior, youth and senior ranks.

We are now over 50 teams and 600 players, with players from 4 years old through to our Women's O35 and Men's Over 45. We strive to continue the culture of being a family friendly club, developing strong individuals in our local community.

Peter Nimmo
Convenor
Beecroft Wombats Football Club

Cameron Ross
Mini Delegate

2 Club and Association Policies

2.1 Beecroft Football Club Policy

2.1.1 Introduction

Beecroft Football Club operates as a section of Beecroft Sports Club Inc. The Sports Club has been involved in providing various sports to our local community for over 50 years. The Football Club enters teams in the district competitions run by Gladesville Hornsby Football Association (GHFA) www.ghfa.com.au and the North West Sydney Women's Football (NWSWF) association www.nswsf.com.au.

The club is reliant on voluntary help and is always looking for additional help.

The Football Committee has formulated the following 'Statement of Aims' and 'Code of Conduct' to help promote the basic principles of a successful club where all those wishing to be involved unite to foster friendship and community spirit whilst enjoying the world game.

2.1.2 Statement of Aims

- To provide a supportive environment for individuals to develop, not just in regards football, but also as an individual.
- To provide a forum for all players to maximise their enjoyment of football.
- To have all players and teams participating at a level where they can obtain the most enjoyment and satisfaction from their involvement.
- To develop football skills and fitness.
- To provide an understanding of the laws and rules of the game and a respect for the Officials
- To extend this respect to players on their team, the other team, and to themselves
- To ensure that the game is played in the true attitude of sportsmanship. Football is a team sport and it is important that players, coaches, managers and supporters understand this.

3 Code of Conduct

General Participation in the Club is to be within the spirit and letter of the policy applicable to the Club and the various levels of play within the Club. Financial and administrative obligations of all members are to be met in a timely manner.

As a team sport, each member makes a commitment to his or her teammates, including timely attendance at matches and training, appropriately dressed and equipped. Players are expected to inform their coach or manager as early as possible of any non-attendance to enable any necessary planning adjustments.

Rule infringements by teams result in fines being imposed by the associations. Depending on the nature of the infringement and the surrounding circumstances, the team may be expected to pay these fines.

The coach has responsibility for teams during matches and training and should be the only person instructing players. This is to avoid conflicting or confusing instructions being given to players.

Coaches and managers are to abide by the Club's Statement of Aims and strive to achieve a balance that applies those aims to each individual player and the team in general.

If coaches or managers have any issue regarding players' behaviour, attitude or cooperation they are to discuss this with the player, parents if applicable, and the Committee if the matter is not resolved.

If coaches or managers are concerned with behaviour, attitude or cooperation of parents, they are to discuss this with the parent and the Committee if unresolved.

Parents are expected to support and encourage coaches and managers who volunteer their time. This includes supporting any instructions given to players during all facets of their team involvement, both during matches and training.

If players and or their parents have any concerns regarding any aspect of their involvement in a team, it is recommended that they first approach the coach or manager. If they feel this is inappropriate or they are uncomfortable doing this, they should then direct their concerns to the Committee.

This year, we are pursuing a RESPECT program, as developed by the GHFA. This involves expectations of behaviour from ALL participants including players, coaches, managers and parent. See RESPECT Information in Appendices.

3.1 Mini Football “Mini Roos” (www.ALDIminiroos.com.au)

In general, Under 6 to Under 11 football is NON competitive and should always be played that way. Designed for kids of all abilities, aged 4 – 11 years, the nation-wide initiative uses short, game-based sessions to introduce the sport of football to newcomers in an inclusive way. It focuses on learning new skills, being active, making life-long friends and, potentially, unearthing the next generation of Socceroos or Matildas.

3.2 Committee Action

When a breach of this Code has occurred, the following shall apply:

Where a coach/manager advises the Committee of conduct in breach of this Code the Secretary will be instructed to write to the person and remind him/her of the Code of Conduct. If the person persists he/she will be requested to appear before the next Committee meeting to discuss the matter.

If a fellow parent within a team considers another parent’s behaviour to be contrary to the Code of Conduct; he/she may make a direct complaint to the appropriate delegate or the Secretary. It will be the Delegate’s responsibility to enquire into the complaint (normally via the coach or manager) and report to the Committee. The Committee may write to the person involved and remind him/her of the Code of Conduct. If the person persists the person will be requested to appear before the next Committee meeting to discuss the matter.

Misconduct of a serious or repeated nature, which brings the game or the Club into disrepute, is prejudicial to the interests of teammates and our Club. The Committee will scrutinise any such episodes and may take action against those concerned including ultimately consideration of expulsion.

4 Under 6 To Under 11 Age Groups – “Mini Roos”

4.1 Background

Organisation of non-competitive, mini football by the Gladesville-Hornsby Football Association follows the practice of a large number of other football Associations (of other codes) throughout New South Wales. In formulating the guidelines for mini-football, GHFA has followed the spirit of the Football Federation Australia national policy for junior football. “Towards a National Junior Policy” written by Eric Worthington, can be found in the Football Federation Australia Coaches Manual.

4.2 Working with Children Forms

If you are involved as a manager or coach for a team, you will need to complete Working with Children forms. Please contact childprotect@beecroftfc.com.au if you have any questions or concerns. Contact Service NSW online to begin the process.

4.3 Aspects of Mini Football

Very briefly, the important aspects of mini football which coaches, managers and parents should be aware of are listed below: -

- Under 11 years of age, most children's football skills and abilities vary widely;
- the children generally lack co-ordination and have a poor balance;
- muscular development is poor; strength is low compared to body weight;
- competitive spirit does not have to be taught to the children - they know enough about it to enjoy their game;
- they will possess limited (and probably no) group skills;
- visual perception of depth and speed of moving ball is poor;
- concentration is limited to a short time span;
- football fitness is natural; the children revel in running about and other "big muscle" activities;
- generally the children quickly lose interest in the match result after the game; some are not aware whether they "won" or "lost".

The modified rules and size of pitch adopted for mini football are designed to take these important facts into account. Above all however, it is emphasised that the role of parents, coaches and managers should be to encourage the children to enjoy their participation in mini football, as individuals and as part of a team.

The coach, manager or a capable parent from the team will be required to referee at least one half of each game. GHFA requires that the coach and manager of each team (or their representatives) will wear an official armband which can be obtained from your Club Secretary. These "officials" may only give instructions to the team or to the players from the sideline. **The referee on the field should not give coaching advice during the game.**

It is common practice for coaches to be on the field with the U6-U7 teams however by U8's this shouldn't occur. There are unlikely to be any referees in the U6-U8 teams so it will be one of the parent, coach, manager, older brother/sister

At the games, coaches/managers are asked to encourage the parents and children on the sideline to support their team through enthusiastic barracking and to refrain from any derisive comments or negative expression which could be detrimental to the players and the spirit of the game. No spectator/coach/manager is allowed on the goal line **OR BEHIND THE GOAL POSTS** at any stage of the game.

In organising the team's substitutions for a match, all children must be given **equal opportunity** to participate.

In the interest of sportsmanship, no attacking player should be positioned between the opposition's goalkeeper and fullback. See 6(a)

4.4 Playing Rules U6-U11:

1. **Full rules** for Miniroos are available at the miniroos website:
<http://ghfa.com.au/index.php/new-competition/small-sided-games>
2. **Under 6 & 7**
 - a. 4 a side –no goalie
 - b. played on a 20 x 30 metre field
 - c. The goals are 2m wide x 1m high
 - d. 2 X 20 minute halves
 - e. Ball size 3
 - f. No throw ins –kick/dribble it back in
 - g. No corners – any ball crossing goal line becomes a goal kick
 - h. No offside
3. **Under 8 & 9**
 - a. 7 a side –includes goalie
 - b. played on a 45 x 35metre pitch
 - c. The goals are 3m wide x 2m high
 - d. 2 X 20 minute halves
 - e. Ball size 3
 - f. No offside
 - g. Throw ins/corners are used
4. **Under 10 & 11**
 - a. 9 a side –includes goalie
 - b. played on a 45 x 65 metre pitch
 - c. The goals are 5m wide x 2m high
 - d. 2 X 25 minute halves
 - e. Ball size 4
 - f. No offside
 - g. Throw ins/corners are used.
5. Competition points shall not accumulate, or scores recorded.
6. The season will end the week prior to the Championship Finals for competitive football.
7. Games cancelled due to wet weather will not be replayed except that the season may be extended in line with the competition football.
8. Should your team not be able to play any game, the defaulting team Club Secretary must notify the opposition Club Secretary by 7.00 pm on the Friday preceding the game (fines can be imposed if this is not done).

In organising the team's substitutions for a match, all children must be given equal opportunity to participate.

4.5 Other important rules

Naturally, the application of these should be fair, but there will be times when minor infringements should be overlooked, in the interests of letting the game flow.

1. The ball is out of play when it **wholly** crosses the goal or sideline. Similarly a goal is scored when the **whole** of the ball has passed over the goal line between the goal posts and under the cross bar, including when the keeper carries it backwards across the goal!
2. Throw-ins (for U8+): the thrower at the moment of delivery must face the field of play and part of each foot shall be either on the sideline or on the ground outside it. The thrower shall use both hands, delivering the ball from behind and over the head.
3. Certain Exceptions!
 - a. Thrower of ball cannot play the ball after throw-ins unless another player has touched it.
 - b. After taking corner kicks or free kicks, the kicker cannot play at the ball a second time unless another player has touched it.
 - c. Free kicks, as the name implies, means the ball has to be touched by another player after the kick has been taken, before a goal can be scored from it.
4. When restarting the game after stoppage (eg for injury etc.) a “drop ball” will be played at the point where play has stopped. This is pertinent where a goalkeeper is injured after making a good save. If he retains possession of the ball and the game is halted, a “drop ball” will be taken where the goalkeeper is downed. As such referees should always encourage the injured goalkeeper to clear the ball (at least to their fullbacks or out of play) before the game is halted to attend to the injury sustained. This, at least will not penalise the goalkeeper who may have sustained the injury through a brilliant save.
5. An “indirect” free kick will be awarded against a player in U8-U11 who **intentionally** commits the following:
 - kicks or attempts to kick an opponent;
 - trips or jumps at an opponent;
 - charges in a dangerous manner;
 - charges an opponent from behind;
 - strikes or attempts to strike an opponent;
 - holds an opponent with his hands;
 - pushes an opponent with his hands;
 - handles the ball with his hands:
 - playing in a dangerous manner;
 - charging (with shoulder) when the ball is not within playing distance;
 - when not playing the ball he intentionally obstructs an opponent;
 - charging the goalkeeper
6. An “indirect” free kick will be awarded against a player in U6-7 as above however the emphasis here is on INTENTIONALLY

5 Mini-Football Codes of Behaviour

Winning at any sport is a vital part of sporting tradition but this is not as important as the "spirit of the game". This spirit stems from a commitment to fair play and children see winning as only a small part of their motivation.

5.1 Coaches and Managers Code of Behaviour

See RESPECT: Information for Managers

- be reasonable in your demands of young players.
- all players regardless of ability deserve equal playing time.
- children play for fun and enjoyment. Don't ridicule mistakes.
- teach players that rules of sport should be followed, not broken.
- develop team respect for opponents and officials from both teams.
- plan training so players are "learning by doing". Too much talk creates boredom.

5.2 Parents Code of Behaviour

- encourage a child to participate but do not force them if they are not willing.
- honest effort is as important as winning. Accept results without disappointment.
- never ridicule or yell at a child for making mistakes or losing the game.
- children are involved for their enjoyment, not for their parents.
- children learn best by example. Applaud good plays by all teams.
- do not question judgement of officials in public. They are volunteers giving their time and effort for your child's enjoyment.
- recognise the importance of your child's coach. They give up their time and deserve your support.
- eliminate verbal and physical abuse from all sporting activities.

5.3 Players Code of Behaviour

- play by the rules.
- never argue with officials. Disagreements should be discussed by your coach or manager
- during a break or after the game.
- control your temper. Abuse of opponents or officials is not allowed in any sport.
- work equally hard for yourself and your team and both will benefit.
- be a good sport. Applaud good plays by your team and your opponents.
- treat all players the way you would like to be treated yourself.
- co-operate with your coach, team mates and opponents. Without them there would be no game.
- play for the "fun of it" and not just to please parents and coaches.

Mini football has been designed to give younger players the opportunity to participate and enjoy the game. Teams are organised to experience enjoyable and purposeful football with the matches played on a friendly basis. Playing MINI FOOTBALL is designed to promote a player's interest and enjoyment of the game so they will want to continue in future years of football competition.

6 Mini Management Notes - Team Manager Information

The following information is provided to assist new and continuing team managers in the Mini-football competition to carry out their duties. The Mini-football competition is non-competitive and we do not play these games at our home ground, so some of your duties are not identical to those required of the junior/senior football managers. To avoid any confusion, this set of notes is provided.

Each of the Mini, Junior and Senior sections has a delegate on the Club's Management Committee to assist organisation and communications. Your Mini-football delegate should be your first point of contact if you need any information about the Club, the game, the weather, if you want an issue raised at a meeting, etc.

For your Mini-football delegate please refer to the Committee listing Appendix Beecroft Football Club Contact List

6.1 Club Meeting

Management Committee Meetings are held during the season at Cheltenham Oval on the third Monday of the month, starting at 8.00pm. All managers, coaches and parents are welcome to attend to participate in discussions or raise issues, however, only members of the Management Committee may vote. If you have opinions or issues, inform your delegate so that they may be considered in the proper forum.

6.2 Referees

Mini-football games are not allocated GHFA referees. It is up to each team to provide a referee for half a match. This is usually a parent who has some knowledge of the game. Managers should seek assistance from parents in their team. A whistle is kept in the equipment bag. The rules of minis football are given in the Basic Rules of the Game (Minis) Section.

6.3 Wet Weather

The current arrangements are as follows:

GHFA will notify the Club on those occasions the grounds are closed because of rain – for matches or training. The relevant Club delegates will be notified and will place the information on the club website (usually by 6.00 pm. Friday). Managers are then responsible for ensuring that all team members are advised of the changed conditions, etc.

Where heavy rain precedes a training session, there may not be time for managers to inform players of cancellation. Team members may need to use discretion in determining if training is possible.

All council results can be found at the GHFA website here:
<http://ghfa.com.au/index.php/new-competition/wet-weather>

6.4 Booth Park Ground Dressing

Teams playing at Booth Park will have to dress the ground. The Mini's Coordinator will provide a ground dressing roster to the teams once the draw is released.

Dressing entails obtaining 2 sets of goals -i.e. 4 goals, to be collected from the Equipment Box at Booth Park which is attached to the toilet block.

At the end of the morning session the goals must go back to the equipment box at Booth Park (we no longer need to take them back to Cheltenham Oval)

Most teams can expect to do this twice in the season, a couple once and some three times...many hands make light work!

6.5 Team Managers Responsibilities

6.5.1 Equipment

You will be issued with the following equipment:

- Equipment bag
- A set of shirts, including goalie jumper
- Pump and pump needle
- Arm bands and ID badges for coach and manager which **must be worn during matches** (GHFA Ruling or a fine applies)
- First Aid Kit
- Whistle
- Practice Balls

You are responsible for coordinating the distribution and return of all this gear, including shirts, to the Equipment officer. The complete equipment bag and shirts are to be collect from the players **at the completion of the last game** of the season and returned to the equipment officer, **washed no later than one week after that last game.**

Address to be advised.

6.5.2 Shin Pads

****SHIN PADS** are mandatory **"NO PADS - NO PLAY"**. This is a FIFA ruling and is to be enforced in all games played under the control of GHFA.

6.5.3 Shirts

The Club provides each player with a shirt in official Club strip. Shirts are a major cost outlay to the Club and their care is important. Apart from normal wear-and-tear suffered during matches, it is imperative that the children and adults take their shirts off when arriving home from football. The club is more than happy for everyone to wear the shirt

to the shops straight after the game. This gives our sponsors coverage in the local community. However that is where it should end, we would not expect the shirt to be worn all afternoon. If a shirt is otherwise lost or damaged, it is the responsibility of the parents of the children to make good to the Club.

It is the responsibility of the managers to ensure the shirts stay in good condition during the season.

6.5.4 Other Equipment

Each player will need to purchase club shorts and socks. These are available at the canteen every Saturday.

The club also has available for purchase Polar fleece tops, Polo shirts, beanies and caps. If out of stock they can be ordered from the canteen or through the equipment office.

If you wish to order polar fleece or polo shirt for end of season presentations please let the equipment officer know. There will be a reminder mid season.

Players will not be allowed to play if they are not wearing shin pads.

6.5.5 Training

Minis are trained on Monday afternoons at Cheltenham Oval, starting Monday 26 March 2018:

U6 – 5-6pm

U7 – either the 5-6pm or 6:15-7:15pm session

U8 – 6:15-7:15pm

Under advice from Hornsby Council, football boots cannot be worn at training until the beginning of April.

6.5.6 Communication

The Club will need an e-mail address for each team. This may be the coach, manager or any other team members as decided within the team. News and other general information passed on by the Management Committee will be published electronically. It is important that the nominated email address be frequently monitored during the season to ensure that you and your team members/families are fully informed - the onus is not on the Football Delegates to personally contact each team on every matter.

Beecroft Football Club has established its own website www.beecroftfc.com.au

This site will be used to provide relevant Beecroft Football Club information.

6.5.7 Results:

No results are recorded for minis football. Each game is purely for fun.

Minis managers should not send in results of Minis football.

6.5.8 Match Days

Ensure you have a full team. Players should be at the ground at least 20 minutes before kick-off.

If you know you are going to be short of players, you may 'borrow' players from other teams. For Mini-football you may borrow players from other teams in the same age group, or from a LOWER age group. Try not to be short of players as this can make the game very one-sided. The mini delegate can help with this task.

6.5.9 Take to the ground:

- match ball and practice ball(s) for warm-up
- pump & needle
- arm bands
- whistle
- goalie jumper & gloves
- Half time refreshments (sliced oranges are traditional). This is normally arranged via a parent roster week-about. Players are responsible for providing their own drinks.
- Distribute any information to team members.

6.5.10 End of Season

Collect all shirts and other equipment issued by the Club and return, after washing the shirts, to the Equipment Officer after the last match of the season.

7 Gladesville Hornsby Football Association (GHFA):

This is our governing body. The Association rules under which the MiniRoos are run may be found at the GHFA website.

Direct link here: <http://www.ghfa.com.au/index.php/new-competition/small-sided-games>

7.1.1 GHFA Requirements and Fines

The GHFA imposes fines on teams that breach Association rules. Last year, GHFA imposed significant fines across the clubs. The following fines apply:

7.1.2 GHFA Forfeit Fees

Under 6 to Under 8	\$15.00
Under 9 to Under 11	\$20.00

In addition to the above fees, if notification of such forfeit is NOT given to the Association by 4.00pm on the Friday preceding the game then the team forfeiting shall also be liable for the appropriate match officials' fees for the forfeited game.

7.1.3 GHFA General Fines

Undressed grounds	\$50.00
No match ball	\$10.00 per team per match
No Team Official ID (Armband)	\$5.00
Failing to return perpetual trophy by due date	\$100.00 each trophy

These fines will be payable by the club up to a limit which is set by the committee and will be a pragmatic approach. Teams behaving badly will be asked to contribute to the Club's costs.

8 Insurance - Explanatory Notes

These are available from:

<http://www.gowgatesport.com.au/football/nsw/>

9 Competition Grounds for 2018 Season

Latest list is available on GHFA website at <http://www.ghfa.com.au/index.php/new-competition/grounds>

GROUND	CODE	ADDRESS	NOTES
Arcadia Park	ARCAD	Arcadia Road (near Vision Valley Road), Arcadia	
Bill Mitchell Park	BILLM	Morrison Road, Gladesville	
Booth Park	BOOTH (1 & 2)	Sutherland Road, Beecroft	
Boronia Park	BORON	Kent Street, Epping	
Bremner Reserve	BREM	Morrison Road, Gladesville	
Campbell Park	CAMP	Wilga Street, West Pennant Hills	
Carlingford Oval	CARL	Roselea Way, Carlingford	
Cheltenham Oval	CHELT	Castle Howard Road, Cheltenham	
Christie Park	CP1 and CP2	Christie Road (off Talavera Road), Macquarie Park	
Darvall Park	DARVALL	Chatham Rd, Denistone	
Eastwood Oval	EAST	West Parade, Eastwood	
Edward Bennett Park	EDWARD	Edward Bennett Drive, Cherrybrook	
ELS Hall Park	ELS H#	Kent Road, North Ryde - ELS Hall No 1 and 4 can also be accessed via Adelphi Rd and or Scott St (overflow carparks)	Ground Plan Field 1 Artificial Turf
Epping Oval	EPPING	Norfolk Road, Epping	
Epping Boys High School	EBHS	Vimera Road, Epping	
Fontenoy Park	FONT	Fontenoy Road, North Ryde	
Gladesville Reserve	GLRES	Huntleys Point Road, Huntleys Point	
Harold West Reserve	HAROLD	Cnr Moseley Street & Vickery Avenue, Carlingford	
Hayes Park	GAL #	Galston Road, Galston	
Henley Community Centre	HEN #	Crown Street, Henley	
Holy Cross College	HCC	Buffalo Road, Ryde	Ground Plan
James Henty Drive Oval	JAMES	James Henty Drive, Cherrybrook	
John Purchase Park	JOHN P	Shepherds Drive (park at Community Centre), Cherrybrook	
Karonga School	KAR	Pennant Parade Annex, Pennant Parade, Epping	
LH Waud	LH WAU	Constitution Road, Meadowbank	
Macquarie Uni Sports Fields	MAC	Talavera Road, Marsfield	
Magdala Park	MAGD	Magdala Road, North Ryde	
Marsfield Park	MARS	Vimiera Rd, Marsfield	
Marsden High	MARSDEN	22a Winbourne St West Ryde	

GROUND	CODE	ADDRESS	NOTES
School			
Mason Park	MASON	Underwood Rd, Homebush	
Meadowbank Park	MEAD	Constitution Road, Meadowbank	Ground Plan
Monash Park	MONAS	Corner Ryde & Monash Roads, Gladesville	
Morrison Bay Park	MORRI#	Frances Road, Putney	Ground Plan
Normanhurst Oval	NORM	Harris Road, Normanhurst	
North Epping Oval	NTH EP	Boundary Road, North Epping	
North Epping Public School	NESCH	Boundary Road, North Epping	
North Ryde Oval	NTH RY	Pittwater Road, North Ryde	
North Ryde RSL Youth Club oval	NTH RY RSL#	Magdala Rd, North Ryde (behind the RSL)	
Oakleigh Oval	OAKL	Giblett Avenue, Thornleigh	Ground Plan
Peel Park	PEEL	Morrison Road, Gladesville	
Pennant Hills Soccer Centre	PENNAN	Britannia Street, Pennant Hills	Ground Plan Artificial Turf
Pidding Park	PIDD	Cressy Road (off Quarry Road), Ryde	
Redfield College	REDF	855 Old Northern Road, Dural	
Riverglade Reserve	RIVER	Manning Road (no parking Jolly Parade), Hunters Hill	
Ron Payne Park (Woods)	Ron Payne	Woods Street, North Epping	
Roselea Park	ROSELE	Roselea Way, Carlingford	
Ruddock Park	RUDD	Quartersessions Road, Westleigh	
Santa Rosa Park	SANTA	Bridge Road, North Ryde	
Smalls Road Reserve	SMALLS	Smalls Road, North Ryde	
Thomas Thompson Park	TT	Cedarwood Drive, Cherrybrook	
Thornleigh Oval	THORN	Handley Avenue, Thornleigh	
Tuckwell Park	TUCK	Corner Fontenoy & Lane Cove Roads, North Ryde	
Tyagarah Park	TYAG	Tyagarah Street, Putney	
View Street Reserve	VIEW	View Street, West Pennant Hills	
Waterloo Park	WATERL	Waterloo Road, Marsfield	
Weil Park	WEIL	Woolwich Road, Woolwich	
West Epping Oval	WEST E#	End Mountain Street, Epping	
Westminster Park	WESTM	Corner Ryde & Monash Roads, Gladesville	
Woods (Ron Payne)	Ron Payne	Woods St North Epping	

10 Appendices

10.1 Beecroft Football Club Contact List

These are accessible from the website under <http://beecroftfc.com.au/contact/>

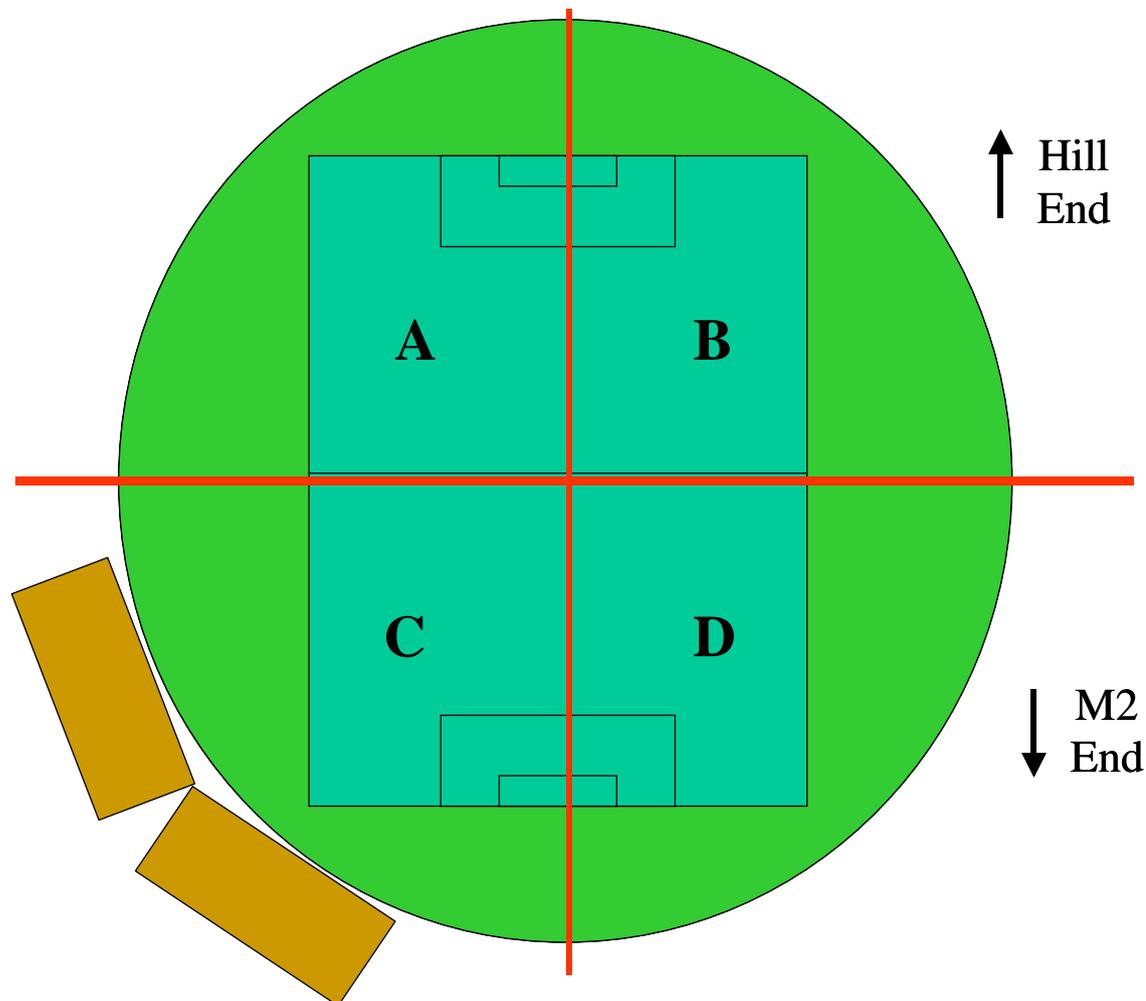
Club Convenor	Peter Nimmo	convenor@beecroftfc.com.au	0419 449 730
Secretary	Jeff Pike	secretary@beecroftfc.com.au	0431 978 368
Registrar	Henri and Lesley de Gorter	registrar@beecroftfc.com.au	0468 823 035
Treasurer	Mark Chain	treasurer@beecroftfc.com.au	0419 613 389
Senior Coordinator	James Cokayne	seniordelegate@beecroftfc.com.au	0409 449 972
Women's Coordinator & Delegate	Caroline Bain	womens@beecroftfc.com.au	0402 874 152
Mini's Coordinator (u6, 7, & 8 Mixed)	Cameron Ross	minidelegate@beecroftfc.com.au	0417 489 671
Junior Coordinator	Rob Boreham	juniordelagate@beecroftfc.com.au	0411 355 000
Youth Coordinator	Brian Inwood	youth@beecroftfc.com.au	0417 077 157
GHFA Delegate	Keshav Vedire	ghfadelegate@beecroftfc.com.au	0424 242 300
Club Coach	Dave Batten	coach@beecroftfc.com.au	0410 537 663
Results (Mixed and Mens)	Henri de Gorter	results@beecroftfc.com.au	0468 823 035
Results (Women's)	Tony Baker	results@beecroftfc.com.au	0402 939 809
Member Protection	Geoff Schembri	mpio@beecroftfc.com.au	0411 963 588
Equipment Officer	Michael Price	equipment@beecroftfc.com.au	0466 697 399
Canteen Coordinator	Mike Ford	canteen@beecroftfc.com.au	0421 141 477
Canteen Assistant	Gareth Hammill	canteen@beecroftfc.com.au	
Sponsorship	Jim Stewart	sponsorship@beecroftfc.com.au	0411 703 119
Social	Kath Wall	social@beecroftfc.com.au	0411 262 300
Communications	Angela Nimmo	communications@beecroftfc.com.au	0409 319 047

10.2 Training Roster

<http://beecroftfc.com.au/training-roster-2018/>

10.3 Ground Allocation for Training

Cheltenham Oval divided into quadrants for Mini and Junior Training



10.4 Keys and Locks

10.4.1 Booth Park Locked Box

- There is a combination padlock on the box at the rear of the Toilet Block. ** Please ask your age co-ordinator for the combination.

10.4.2 Equipment Room

- There is a combination padlock on the equipment room (the leftmost demountable as you look towards M2). ** Please ask your age co-ordinator for the combination.

10.4.3 Change Rooms



- In the equipment room is a piece of wood with a key on it.
- This should be on the shelf to the right of the door.
- This key will open the change room locks – doors to right. One door has a combo lock –that cannot be opened and belongs to council.

- Once you have opened the doors you return the key to the equipment room shelf

10.4.4 BBQ

- The BBQ door opens with the ambulance key. This is found hanging under the light switch in the rightmost change room. Return to hook once BBQ room unlocked.



10.4.5 Toilets

- The ambulance key (See BBQ) also opens the toilets

10.4.6 Canteen

- The canteen keys are separate, and the manager of the rostered team will have to get them from the canteen coordinator, along with the float, on the Friday.
- There are two keys for the canteen; a D-shaped one for the padlock and a normal one for the door handle lock.
- After opening the manager should keep the keys for closing the canteen or pass them to the person responsible for closing.
- To lock the canteen, make sure you have the keys on you and firmly shut the canteen door after pressing the button on the inside door handle. Lock the padlock in place



RESPECT Program

11 RESPECT: Information for Coaches

Fundamental Aim - To encourage the concept of Honouring the game by showing Respect to:

- The match officials, without whom the game would be much less enjoyable
- The opposition, without whom there would be no game
- The rules, which keep the game fair and safe
- Yourself, set yourself standards and stick to them no matter what anyone else does

As coaches, you determine the kind of experience our athletes have with sports. We want you to be the coach who teaches our athletes how to play the game, striving to win while pursuing the more important goal of teaching life lessons through sports.

Coach Job Description includes:

Model and teach your players to Honour the Game.

- Teach respect for Rules, Opponents, Officials, Teammates, and one's Self.
- Read information on Dual Goal Coaching
- Hold a parent meeting (with your manager) and distribute the RESPECT Parent/Guardian Letter to help convey our aims and what we want to achieve to players and parents
- Consider appointing a parent to be the "Good Sport Advocate" for the team.
- Be the role model. Don't criticise match officials, other players or your own players in public. Accept referee decisions and encourage players to get on with the game. Step in and stop others doing it!
- Seize teachable moments when they occur to talk with players about RESPECT.

Help players pursue mastery of their sport, not just scoreboard wins.

- Teach players that becoming a good player requires effort, learning, and bouncing back from mistakes
- Reward effort, not just good outcomes. Recognize players even for "unsuccessful" effort.
- Encourage players to set "Effort Goals" tied to how hard they try.

Fill your players' "Emotional Tanks"

- Players give their best when they are in a positive frame of mind
- Use encouragement and positive reinforcement as your primary method of motivating.
- Achieve the "Magic Ratio" of five positive reinforcements to each criticism or correction.
- Try and teach players to fill each other's Emotional Tanks.
- Learn to give "Kid-Friendly Criticism," such as criticizing in private, asking permission, and avoiding criticism in non-teachable moments.

Have conversations with your players at every practice and game.

Ask questions and encourage players to speak and contribute during team meetings.

Your adoption of these philosophies and actions will contribute to a positive, character-building youth sports experience for all the children our organization serves. Thank you for all your time and effort!

For more information: RESPECT PAGE, www.GHFA.com.au (in development) 4 April 2018 V1.0

Developed with resources courtesy of Positive Coaching Alliance, For more information www.PositiveCoach.org and www.PCDevZone.org



RESPECT Program

12 RESPECT: Information for Managers

Fundamental Aim - To encourage the concept of Honouring the game by showing Respect to:

- The match officials, without whom the game would be much less enjoyable
- The opposition, without whom there would be no game
- The rules, which keep the game fair and safe
- Yourself, set yourself standards and stick to them no matter what anyone else does

As managers, you need to co-ordinate a range of responsibilities during the season. We ask that you take on the RESPECT program as another important facet of managing a team.

Manager Role in RESPECT program includes:

1. Provide Players and Parents with necessary information
2. With coach, organise a preseason meeting with your team and parents. Suggested topics for discussion are:
 - a. Coaching Philosophy. Discuss dual aims of improving skills and building respect for game, match officials, players and themselves. Redefine winning as individual and team improvement
 - b. Standards of acceptable behaviour
 - i. At training
 - ii. At games –bench policy for players who behave badly on field
 - c. Your expectations on attendance at training, attendance at games, notice if you can play
 - d. Discuss how you will manage time of field for each player
 - e. Ask parents if they have any expectations
 - f. Distribute RESPECT leaflets
 - g. Get everyone to agree to follow Code of Conduct (which they agreed to when they signed up with myfootballclub).
 - h. Ask parents to be role models. Don't criticise match officials, other players or your own players in public. Accept referee decisions and encourage players to get on with the game. Step in and stop others doing it!
 - i. Training times, contacts, equipment needed etc
 - j. Parent behaviour at games
 - i. No sideline coaching
 - ii. Be positive role model
3. Be a role model yourself at games. Don't criticise match officials decisions, applaud good play by both teams.

Your adoption of these philosophies and actions will contribute to a positive, character-building youth sports experience for all the children our organization serves. Thank you for all your time and effort!